P1: JZP Trim: 138mm \times 216mm Top: 0.35in Gutter: 0.675in

IBBK063-FM IBBK063/Zarcone ISBN: 978 1 84885 602 8 January 16, 2013 14:38

ACKNOWLEDGEMENTS

The conference on Shamanism and Islam. Sufism, Healing Rituals and Spirits in the Muslim World was hosted at the Centro Incontri Umani (Socio-Cultural Centre) Ascona located on Lake Maggiore, on the border between Switzerland and Italy. The Centre seeks to encourage understanding, respect and peace internationally. The papers given at the conference form the basis of this work. We want to express our gratitude to all participants for their stimulating and reflective contributions and I.B. Tauris for their competent assistance in the publication of the book.

The shamanic journey reveals the unity underlying the separate and divided forms – 'it is one, it is unity, it is ourselves'. It is the way of compassion and poise that celebrates, heals, and transforms:

Jir jüzindaki avliya,O saints who dwell underground,Kün kuzindaki avliya,O saints who dwell in the sky,Marufdaki va MashruqdakiO saints from the East and from avliya,

Turkistanda tumin bab, O ten thousands of masters at Turkistan,

Sizdirdin midat tilayman. I beg thy help.

(Translated from Kazakh Turkish: A. A. Diva'ev, 'Baksy, kak lekar' i koldun' (The *bakshi* as healer and spirit doctor), In *Iz oblasti kirgizskikh verovanii*, Kazan', 1899, pp. 3–4)

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